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TWO PEAS IN A POD Can Piccirillo or Dyster Answer the Tough Questions?



Analysis

If people understood that Paul Dyster is the Albany – Buffalo mayor, they would know how to vote in the coming election.

Not that Dyster is running again. He is being retired and his Buffalo/Albany replacement is Seth

Analysis

Piccirillo. Piccirillo is the man who will abide by the rules that Albany/Buffalo sets for Niagara Falls.

Want some proof?

The City of Niagara Falls was left out of negotiations for casino funds with Seneca Nation of

(Cont. on pg. 2)

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PAGE 4

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Como Restaurant Opens in Lewiston

By: Tony Farina

"Lots of familiar faces," says Dominic Colucci III as he looks around the new Como Deli at 555 Center St. in the Village of Lewiston, the new eatery opened last week by the family that owns the famous Como Restaurant on Pine Ave. in Niagara Falls where old-world Italian dining has been featured for nearly 100 years.

(Cont. on pg. 3)

Parish: "Put Your Phones Down"

By: Brendan McDonough

Analysis

City Clerk and Treasurer Matthew Parish is saying "put the cell phones away."

During Council meetings and workshops, he says members of the North Tonawanda Common Council should not be on their cell phones.

"I don't need my cell phone," said Parish.

(Cont. on pg. 6)

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NIAGARA FALLS

Chris's Corner: Watch the Unions

Chris Voccio is a Niagara Falls City Council member and can be reached at ChrisVoccio@gmail.com.



Chris Voccio
NF City Councilman

With the primary elections moving from September to June, and with the related petition process moving from June/July to February/March, candidates interested in running for office no longer have the luxury of waiting until the middle of the year to announce their intentions.

If they want to run, they'll need to declare their intentions now, if they haven't already.

In Niagara Falls city government, there are two Council seats up this year and, of course, the Mayoral election.

With the incumbent mayor deciding not to run, as I'm writing this column there are three candidates in the race, two Democrats and one Republican.

There are a lot of moving parts to this race, and it's going to be quite interesting to watch. You have two contrasting Democrats with seemingly two different constituencies, and a Republican who was a Democrat during the last mayoral election and who is the boss of a union representing municipal employees.

Some observers will bet on the energy of the millennials and others will bet on the power of the older voters. It's unclear which constituencies the Republican candidate will draw.

I'm sure many observers will contend this race will be determined in the Democratic primary in June because of the large registration advantage the Democrats have.

I'll be watching to see who the unions support, particularly the municipal unions.

I'm not bothered by union involvement in the political process, so long as their expenditures are reported per law, just as I'm not bothered by other political action groups and individuals getting

involved in the process. So long as there is transparency, I believe money mixing with politics is OK.

As columnist George Will has pointed out, more money is spent on advertising for chewing gum and soft drinks than is spent on the political process, and I believe the political process is more important than bubble gum. So I don't mind organized political groups spending money to get their message out.

But I believe watching who the unions support is instructive because, let's face it, they have a keen interest in protecting the status quo. Eighty-percent of the city's budget goes to personnel costs. If the next mayor plans on right-sizing city government, of standing with the taxpayers, something I've been advocating, he is going to have to go after that 80%.

That could mean health insurance premium contributions, or adjustments to work rules that force up overtime and inhibit productivity, or even wage rate escalation issues. While these things are contractual, a good negotiator who wants to do the right thing for taxpayers could bring the unions to the table to fix some of these problems and avoid dreaded

mass layoffs.

Something needs to be done to reduce and eventually eliminate our multi-million dollar structural budget deficit, and it's simply impossible to do it without touching personnel expenses.

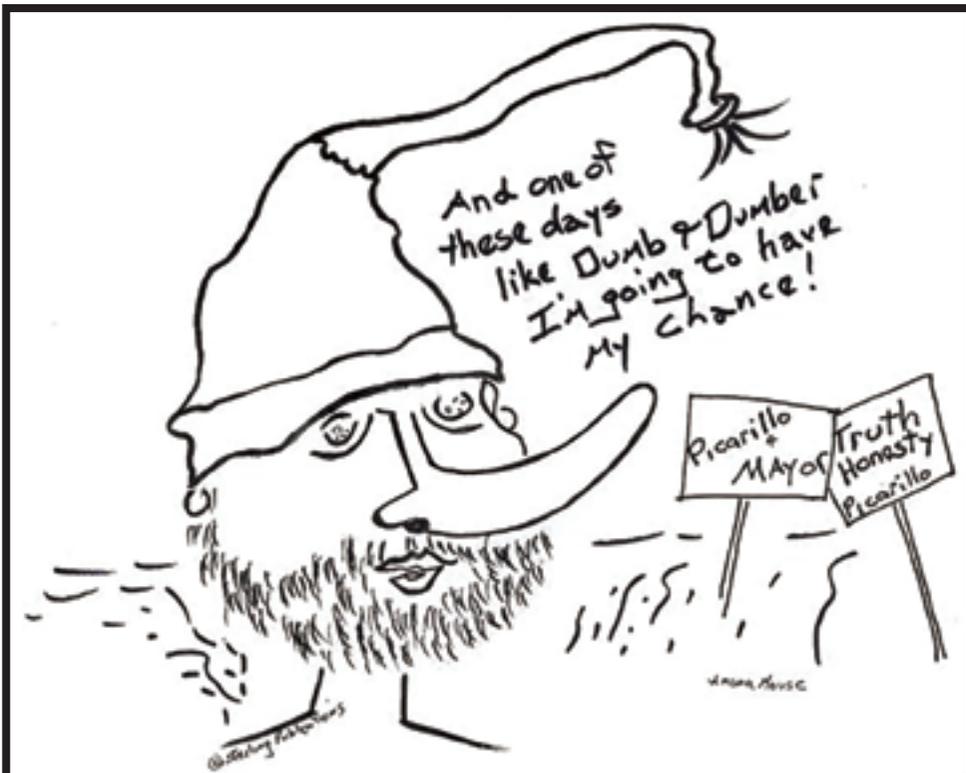
So if you see the unions line up behind one of the candidates, that should be a clear signal that that candidate is most interested in keeping that 80% of the budget relatively intact. In other words, when it comes to standing up for taxpayers or standing up for municipal unions, they've made their choice.

On the other hand, if you see the unions go after one of the candidates with attack mailers and robo-calls, then that candidate just might be the candidate of change, the candidate who wants to right-size government.

Because this race may be determined in the Democratic primary, you'll likely see intense activity in June, as opposed to the usual activity in the fall. It should be fun to watch.

And remember, I love unions. I just feel there should be a reasonable balance between their best interests and the best interests of taxpayers.

Peas In a Pod Cont.



Seth Piccirillo by noted cartoonist Gerald Skrlin. The artist also offers readers a recipe for Piccirillo Toasties: One molded apple; Roll to some dough; Cap of phrases; Determine to convince oneself they are the best; Starry gaze; Razors.

Indians and somehow Gov. Cuomo "forgot" to put in the contract that the Senecas should pay anything at all for their tax free casino, gas stations, stores and restaurants.

Meantime, Mayor Paul Dyster treats the Senecas - not as neighbors - but as a liability to his friendship (business partnership) with Governor Andrew Cuomo.

This past December when Mayor Dyster represented the city of Niagara Falls

in a Christmas tree lighting ceremony with the Seneca Nation of Indians, Dyster stated publicly "I want to make it very clear to our friends at New York State that we're lighting a Christmas tree in conjunction with the Seneca Nation of Indians and our other partners downtown is not an attempt on our party to start a back-channel negotiation," Dyster said. "We remain confident in the state's position in the arbitration."

Dyster's position is that he cannot negotiate directly with the Seneca Nation of Indians in state matters, however critics of the mayor have pointed out SNI's willingness to negotiate directly with the city of Niagara Falls. This is how the hustle goes.

As long as the city remains broke, New York State will always be able to provide dirt cheap prime property that borders a natural wonder, to their business partners such as James Glynn, owner of the Maid of the Mist, or Mark Hamister, who was paid millions of dollars to build a low quality hotel on one of the most valuable properties in the city.

Cuomo wanted it so Dyster pimped it - claiming the crappy Hamister hotel was going to be a tipping point for the city's development.

Piccirillo likes to claim he is not the beholden to Albany- Buffalo interests like Dyster.

Ask him the hardball question: Will he break from Cuomo and negotiate directly with the Senecas to get payments from them?

Ask him if he will oppose further development of the Niagara Falls State Park, that over-commercialized, Delaware North driven monopoly of concessions. Would he work to end the acres of paid-parking lots, deforestation, the barricading of Three Sisters Islands- and drive business back into the city?

Paul Dyster even supported a Goat Island lodge when Cuomo wanted to build one for Delaware North. No one ever heard Seth speak out against it. Will he now?

Will he call for NYPA to help fund the city's deficit? And put pressure on them? Or let them continue to steal our local hydro-power and give it to Albany - like Dyster did?

Call him out.

He can't respond because he is beholden, like Dyster, to Albany/Buffalo.

It was the conscious balancing of the

city budget with casino money by Mayor Dyster that led to the city going broke. What will Seth do? Will he break from Cuomo and negotiate?

Niagara Falls has a history of crime and corrupt politics; illegal businesses; the piracy of a natural wonder; the manufactured poverty of a city; the extortion of taxpayers; money laundering from a state park which has been obvious to locals for years.

Elite Albany-connected Buffalo businessmen have benefited financially from the monopoly in Niagara Falls and strategic partnerships with the state, Cuomo's cabinet, Olmsted Conservancy, and select politicians. Dyster has been their poop boy.

These are the manufacturers of poverty in the City of Niagara Falls. These drive property value as low as possible on prime property bordering a national treasure. They bled the city of Niagara Falls dry on purpose, bled NYS taxpayers dry. They basically own Niagara Falls, NY.

Seth is set to be their poop boy.

Niagara Falls is a border city. They are profiting off the power (NYPA's black budget, Niagara Falls Greenway funds), gaming, and billion-dollar-a-year tourism industry.

Jeremy Jacobs, James Glynn, Louis Ciminelli, Andrew Cuomo, Mark Hamister and their kin.

Their little pug dog was Paul Dyster. Seth is the man designated to continue the sellout of Niagara Falls.

As Seth one question - isn't Albany and Buffalo what made a city that should be rich from hydro power and tourism one of the poorest cities in America?

It should be rich. But it's not. It is far worse under Dyster than it was under Anello - who was bringing the city back (maybe that is why the Feds went after him on bogus charges).

We need someone who is not in Albany/Buffalo or Dyster's shadow.

Is that man Seth Piccirillo? You decide.

Como Cont.



Colucci III and his father, Dominic Colucci, Jr., and all the rest of the Como family, including Louis Antonacci, have opened shop in Lewiston and so far, business has been brisk as you might expect given the Como reputation for food excellence.

"I grew up in Lewiston, so I see a lot of familiar faces from the neighborhood and from school," says Colucci III, "and we've been very busy. We're excited to be here alongside so many other fine dining establishments. We're in good company."

The sparkling new Como Deli, with an attached patio just waiting for spring, is a family enterprise and Louis and Dawn Antonacci and all of the warm and friendly Como staff bring their expertise to Center St., a roadway not unfamiliar to folks from near and far looking for a good place to eat, as Colucci noted. Now, the Como homemade pasta, meatballs, sausage, and all of their old-world recipes are on the menu.

When we visited this week, the small restaurant was abuzz with people enjoying a fine Italian-style lunch and you could almost taste the

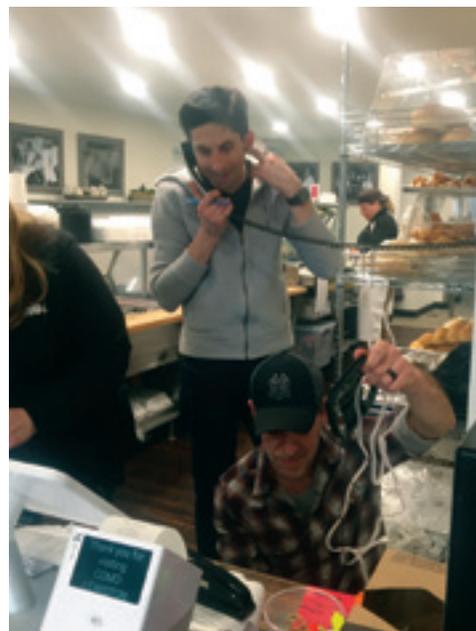
excitement inside the place as the future seems to beckon with great anticipation for the warm sunshine of spring as the operators iron out the kinks and get everything ready for the days ahead. Of course, I had to sample the lasagna soup and some warm Italian bread and it was terrific, as it usually is when I visit the Como on Pine Ave. or the Como at the Airport on Niagara Falls Blvd.

Asked to describe his role, Colucci III said, "well, for now, I guess you would call me the manager. We're taking it day by day and we'll see where it goes." But there's no doubt this industrious young man comes from the hearty stock that has made the Como name synonymous with fine food and friendly service.

On Pine Ave., at the bar, it is always a pleasure to trade the day's headlines with Mario Antonacci and his brother Frank who know everybody that comes in, or so it seems. And whether important or not, the guests get the same warm and gracious service.

There's little doubt that the Como's fine history of service and excellent food will fit in just right in Lewiston, and I expect it will develop an even greater fan base at its new prime location for hungry visitors who love to stroll Lewiston's colorful and popular Center St.

We wish the Como family and the new Deli all the best and we'll probably see you there soon as I plan on making it one of my regular stops on my senior circuit when a dish of spaghetti and meatballs will be just what my doctor ordered.



Dominic Colucci III, the Lewiston-born Como Deli manager, is right at home in the center of the new eatery opened last week in his native village on food-friendly Center Street by the Como family.

Let's Talk Transparency

By: Candace Corsaro
NF City Council Candidate

What we absolutely need at City Hall is TRANSPARENCY! We need complete communication; we need to hold city government accountable for their actions and decisions. Not having transparency in this and past administrations, has put a burden on residents, taxpayers and businesses.

Lack of accountability and communication between our City Administration and City Council has been absurd. When talking to many residents and business owners they ask me,

"WHY I want to run for City Council..."

I tell them, "Someone needs to step up that is familiar with our city, who understands many of our needs, and who knows about Leadership. Someone not afraid to ask questions and obtain correct answers. Someone who will 'step out of the box' as a city councilperson and help bring in jobs that will improve our quality of life!"

I am that person! I am a proven leader who cares. I am not afraid to confront anyone that is not doing their job! I know that using the experience gained in both my career and volunteer roles, I can help stabilize our community. I plan to work with like minded people to improve housing, neighbourhood safety and help bring more businesses and jobs to Niagara Falls.

LET'S BE HONEST... Our residents have lost trust and respect in our city government. To gain the respect of our community we must have a City Council that puts its people first, and cares about what it will take to improve the quality of life here!

In order to accomplish this, we must elect a new City Council and administration with more experienced and knowledgeable people. Leaders who will work together to make the many improvements we desperately need.

Yes, Niagara Falls is a great and wonderful attraction. Our city depends on tourists that bring in at least 30 million every year. What our citizens want to know is, "Why does that not translate into a magnificent city for the rest of us living here?"

Other cities are doing better without this tourism. Our residents ask, "Why is Niagara Falls experiencing so many blighted neighborhoods? To our citizens it looks as though City Hall has been mismanaging funds, or there is corruption, or lack of leadership.

What is it? We all need answers. What has happened to cause such poverty, crime and neglect within our city?

It is time to move forward, find the answers and implement new strategies.

Yes, we must focus on improving tourism. But what about the rest of us? Not everyone here works in the tourism sector. I want to bring to your attention that many tourism jobs are low wage and not year-round. Over the years many of our skilled trades workers have been moving away. Our city is losing residents every single day.

How can we continue to budget money we do not have.

Too many Promises from our State, that money is on the way. I have worked on budgets at state level, city level and community levels from thousands of dollars into the millions. As a real estate agent, I work with figures and finances

every single day.

I understand leadership! I am the first woman to hold the title of 'Distinguished Governor' for Kiwanis International of the New York District.

We do not need a control board, we need reliable professional business people in our city government. We need to look at union budgets, the privatization of our properties contracts and hold new lessees accountable.

WE NEED to look at the two-tier tax for businesses!

WE NEED to hold our departments accountable for not doing their jobs as they should be doing.

What about our quality of life here? I have a daughter and granddaughter who had to move out of state for a better job as many of your children have done, or will have to do. This is unfortunate! Niagara Falls cannot afford to hemorrhage any more of its residents!

I was born and raised here in Niagara Falls and still live in our family home. I can't and won't give up on our city!

What can we do?

Well first, I would go above and beyond my duties to help bring jobs back here, good paying jobs.

We have many abandoned homes that could be restored and lived in. Many renters would love a home of their own but cannot afford the ridiculous amount needed for a mortgage.

WE NEED KNOWLEDGEABLE CREATIVE SOLUTIONS!

I love our community!

As a concerned citizen I have attended City Council meetings for years.

I've stood with and alongside our unions. I continue to speak out on many issues concerning our city's well-being.

I have fought for 'no tax' increases. I have fought for our water, garbage fees, and bad streets. I have fought slumlords and empty properties. I have picketed against allowing pedophiles by our schools. I have fought for safety with our police and fire departments.

In order to learn first hand what happens, I went on a ride-along with our DPW and NFPD to learn about the departments and their plans to continue. To be a City councilwoman you need to know about Niagara Falls departments and operations. I have also held a position on the Board of Assessment. What other candidate has done so?

Where have the other candidates been? NOT HERE, NOT STANDING UP for our quality of life, not for better city government.

As a experienced LEADER... I have a BUSINESS point of view and the KNOWLEDGE of what we need.

The CARING it will take to improve our QUALITY OF LIFE in this great city!

Excellent history of working with others, being a team player. I have no conflicts of interest, no personal agenda other than making a difference here, where we live.

I can work with anyone to get the job done.

I have the passion to make this a better place for each and everyone of YOU.

So, in the best interests of our city. LET'S TURN IT AROUND TOGETHER!

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THE CRIME

WEEKLY HEADLINES

-Niagara Falls Police responded to the Quality Inn at 7708 Niagara Falls Blvd. in the evening hours of Monday, March 4th, 2019, after reports of a guest throwing wine bottles at employees. According to reports, employees locked themselves in an office while the guest was screaming, yelling and attempting to injure them.

-Niagara Falls Police responded to the 500 block of Third Street in the afternoon hours of Wednesday, March 6th, 2019, after reports came in of shots fired. According to reports, a shooting occurred in the alley behind 531 3rd Street. The victim was taken to ECMC with at least one gunshot wound to the leg. His injuries were not life-threatening. The suspect was described as a black male wearing sweatpants, a grey hoodie, and green beanie. Police are continuing to investigate the incident.

-Niagara Falls Police responded to the Sunoco Gas Station at 8505 Niagara Falls Blvd. in the early morning hours of Thursday, March 7th, 2019, for a robbery. According to reports, the suspect did not display a weapon but it is unclear at this time whether one was used as a threat. The suspect is said to be a white male about 5'10" wearing a ski mask, blue

jeans and a black leather jacket. Police are continuing to investigate the incident.

-Niagara Falls Police responded to Kalfas Elementary School in the morning hours of Wednesday, March 6th, after employees at the school described a parent attempting to injure the school principal. According to reports, a mother became unhappy after a parent-teacher conference involving her child's teacher and school principal. The mother became so unhappy that she threatened to "body slam" the principal.

-Niagara Falls Police and other law enforcement officials engaged in a high speed chase with a Lockport woman in the early morning hours of Friday, March 8th, 2019, which began in Niagara Falls and ended in the City of Lockport. According to reports, the suspect took off on police as they were arriving at Walnut Avenue for reports of a screaming female and another who possibly had a gun. Niagara Falls Police broke off the pursuit near Niagara University on on Witmer Rd. which was then picked up by Niagara County Sheriffs who spotted the suspect driving down Saunders Settlement at speeds between 90 and 100 mph. Sheriffs then continued the pursuit into Lockport. The suspect's vehicle came to a stop on West Ave and she got out and tried to flee on foot but Lockport Police and Niagara County Sheriffs were able to catch her and take her into custody. She was then handed over to Niagara Falls Police where she is facing multiple vehicle and traffic violations as well as criminal charges.

-Niagara Falls Police responded to the Midtown Inn at 1967 Niagara Street in the early morning hours of Saturday, March 9th, 2019, after reports of an assault with a deadly weapon. According to reports, one person was taken to the hospital after sustaining injuries in an altercation that involved a knife. The victim walked over to 19th and Ferry before calling for help after the assault occurred. Police are continuing to investigate the incident.

-Niagara Falls Police, as well as State Park Police and Border Patrol, responded to the North End in the evening hours of Sunday, March 10th, 2019, after reports of shots fired. According to reports, one person was taken to ECMC after being shot near 17th and Pierce Avenue. The shooter was described as a black male about 5'10" wearing a tan coat, black hoodie, black pants, timberland boots and black a baseball cap. Police are continuing to investigate the incident and have not captured a suspect.

-Niagara Falls Police responded to the 1900 block of Niagara Street after reports that a resident was throwing garbage and clothes out of a second or third story window. Upon arriving, police found a massive amount of items thrown out of the window and arrested the individual for disorderly conduct.

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NORTH TONAWANDA

Phones Down Cont.

ish. "I can dedicate two hours of my time to focus on the task at hand. The one and only reason that I will use my cell phone is if I need to use it for a stop watch and that is it."

Members of the Common Council are issued City I-Pads. For 2nd Ward Alderperson Donna Braun, banning cell phones is a good idea.

"Yes, I am on my I-Pad but I am following the agenda but if I am

up here with my cell phone in my hand and I am looking and texting, I don't think people in the audience would think that I am paying attention to what is being discussed," said Braun.

With the exception of City Attorney Luke Brown using it for research, Parish says cell phones should be turned off or put away.

"I don't see the necessity for it. I think that it is rude to be on your phone and not paying attention to what is going on during the meeting and having communication with others, when the real communication should be with members of the Council," said Parish.

Beyond that some say those City issued I-Pads should be checked to make sure that they are not being used for personal use.

"I think they need to be checked too, because we are accountable to the City for those I-Pads. We need to make sure it is being taken care of properly and audited to make sure it being used for City use and not something else," said Eric Zadzilka, Common Council President.

Not everyone agrees with talk



of banning cell phones. Alderman-At-Large Austin Tylec, however, believed that Parish's no phone initiative was aimed at him.

"Matt why are you legislating when you are the City Clerk? Does it matter if I use a black pen or a red pen," said Austin Tylec, Alderman-At-Large.

Nothing was decided on whether or not to ban cell phones but the discussion will likely continue.

"Matt is our Clerk/Treasurer he is here to help us," said Braun, "and if he is making a request of our Common Council not to use our cell phones while we are in a meeting, I really don't see that should be an issue. I am thinking of me sitting out there in the audience and if I see someone on the Council texting while I am talking, then I do think it is rude."



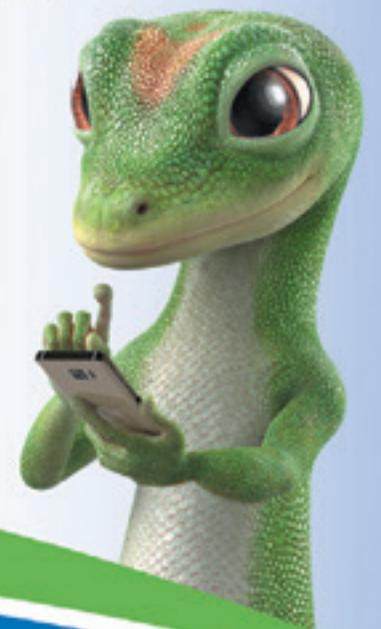
Alderman-At-Large, Austin Tylec, fired back after believing new phone related policies are aimed at him.

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Braun Announces Re-Election Campaign



Brendan McDonough

She has become a fearless advocate for the people of North Tonawanda and 2nd Ward Alderwoman Donna Braun announced she is running for re-election. Braun is the only woman on the male dominated council but this does not bother her one bit. In her term in office she has been fighting for equal rights and working to improve the city for everyone. Her motivation is to become a representation for people across the North Towns and to revitalize a “stagnant downtown.” Thanks to her efforts progress is being made specifically on Webster Street. A once forgotten area has now become a destination place to shop and enjoy a thriving nightlife.

Braun knows North Tonawanda well she has been a resident for the past 29 years and her husband Ken Braun they helped raised three amazing children.

Braun is not just a member of

the Common Council she is also a board member of the Lumber City Development Corporation. It’s a group that aims to promote economic development in the City. Her passion for improving North Tonawanda is contagious, working with city leaders and local residents to make the area a better place for everyone, no matter what their age or economic background.

Braun also serves on several steering committees, like the one that is helping to decide how to best decide where funds from a 2.5-million-dollar Smart Growth Grant from the Governor’s office should be spent.

She is also a regular attendee at the community gardens, digging in the dirt, planting new growth and helping to make the area look better for all.

Proving that with the right amount of hard work and determination, anything can be accomplished.



How Long Does It Take to Get Out of Shape?

Colder temperatures and fewer daylight hours make it more difficult to stay active and motivated. But how long does it take to actually get out of shape? It varies from person to person, but most experts agree that it’s pretty simple: you either use it or you lose it.

After a few days

No change. A day off gives your body time to recover and grow stronger, so don’t worry about missing a day here or there. In addition to preventing overtraining, which can lead to injuries, rest days can also bring a much-needed mental break.

After one week

Cardio fitness starts to decline in the form of a slightly lower VO2 max – a measure of the lung’s ability to do work – meaning you might be a little more winded than usual doing a task you’re used to. During this time, blood sugar and blood pressure levels also begin to rise. A week off won’t cause huge drops in muscle strength or cardio ability, but it could signal that you’re falling out of your regular routine.

After two to three weeks

This is when most people start to notice losses in strength and endurance. Cardio fitness levels decrease about 10-20 percent. Muscular strength tends to stick around a little longer, but a few weeks off can still lead to a 20-25 percent loss in strength. A layoff this long may also negatively affect your mood, stress level and even the quality of your sleep.

Consider some indoor and outdoor activities to maintain your fitness level during the winter months. If you’ve been inactive this winter, remember to start slow – trying to lift or run as much as you did before could lead to injury and even more time off.

- Get in a workout at home with simple bodyweight exercises that don’t require equipment.
- Workout programs on DVD and Blu-ray are available for all fitness levels.
- Go for a walk or jog around the neighborhood or explore some local hiking trails.
- Find an activity the whole family can enjoy, like sledding or ice skating.
- Participate in a winter sport like skiing, snowboarding or snowshoeing.

STATE OF SOUTH CAROLINA
 COUNTY OF OCONEE
 Shirley O'Brien, Plaintiff
 vs
 Greco O'Brien, Defendant

FILED & RECORDED IN THE FAMILY COURT
 GREENVILLE, SOUTH CAROLINA
 CLERK OF COURT
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SUMMONS
 Docket No.: 2018-DR-37-281

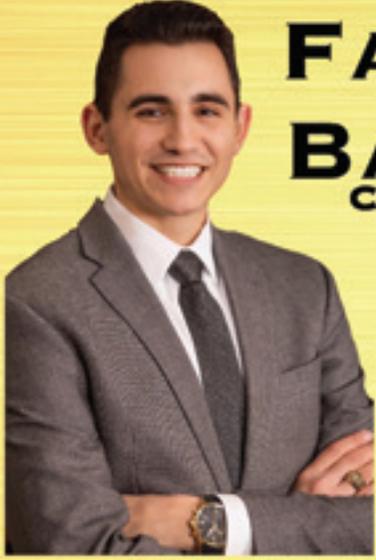
TO THE DEFENDANT ABOVE NAMED: GRECO O'BRIEN

YOU ARE HEREBY SUMMONED and required to respond to the Complaint in this action, a copy of which is hereby served upon you, and to serve a copy of your Answer to the said Complaint on the undersigned at her office at: South Carolina Legal Services, 701 South Main Street, Greenville, South Carolina 29601, within thirty (30) days (thirty-five (35) days if service was by certified mail) after service hereof; exclusive of the day of such service; and if you fail to respond to the Complaint within the time aforesaid, the Plaintiff(s) in this action shall apply to the Court for a judgment by default against you for the relief demanded in the Complaint.

YOU WILL PLEASE TAKE NOTICE that the original Complaint for Divorce in the above captioned action was filed in the Office of the Clerk of the Family Court for Oconee County, South Carolina on April 25, 2018.

Respectfully submitted,
Tamika D. Cannon
 Tamika D. Cannon, SC Bar #72834
 South Carolina Legal Services
 701 South Main Street
 Greenville, SC 29601
 (864) 679-3251 (phone)
 (864) 679-3251 (fax)

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**NICHOLAS D.
D'ANGELO**
ATTORNEY AT LAW

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